

BORED BUCKET



Today's world is filled with non-stop entertainment, fast-paced gadgets, and every imaginable toy on the planet... but somehow kids can still claim to be bored.

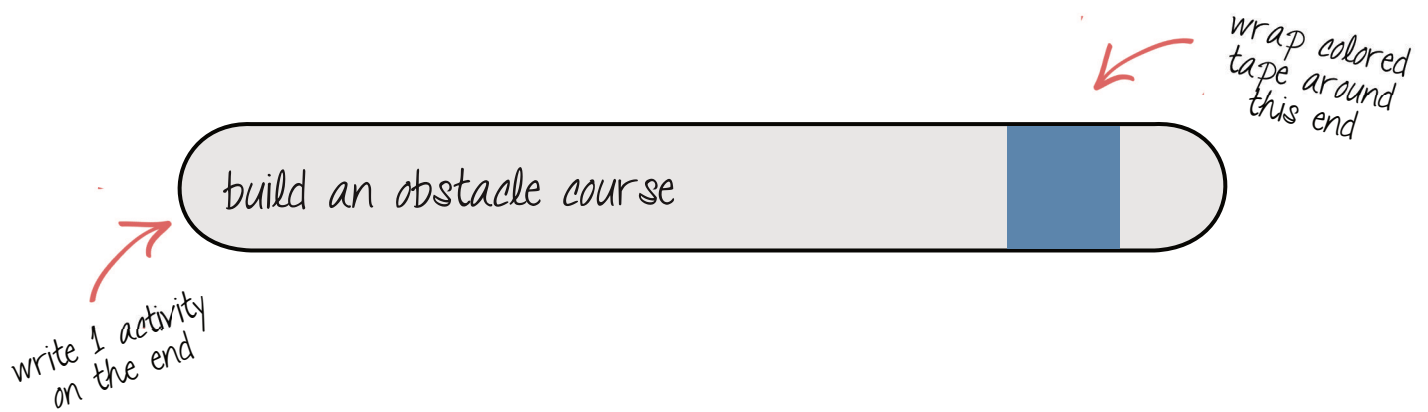
Next time you hear the overdrawn sigh of "I'm bored", direct your kid to the Bored Bucket and carry on with your life in peace.

Creating the bored bucket

Items needed:

Jar or little bucket
Popsicle sticks (approx
Colored tape (3 colors)
Permanent marker

- 1 Write 1 activity on the end of each popsicle stick with marker (see next page)
- 2 Separate the popsicle sticks into the following 3 categories:
 - Active activities (color 1)
 - Arts/Crafts (color 2)
 - Quiet activities (color 3)
- 3 Wrap tape around the ends of the popsicle stick (opposite the writing) based on the color chosen for that type of activity
- 4 Once the popsicle sticks have been created, place them in the bucket or jar so the colored tape is showing and the writing can't be seen
- 5 When kids are bored, they can go to the bored bucket to pull out an activity to do



Activities

Active activities (Color 1)

Build an obstacle course
 Build a fort (using blankets/pillows)
 Teddy hide n' seek*
 Tea party with stuffed animals
 Indoor treasure hunt (can use cameras)
 Play a game
 Take pictures
 Play outside
 Make a dance
 Make a collage (use old magazines)
 Ride your bike
 Make up a song/dance and perform it
 Play cards (war, go fish)
 Barbies/dolls
 Play with friends
 Gymnastics
 Visit the library
 Go to the park
 Bake
 Indoor picnic
 Play dress up
 Create a race car track (use painters tape)
 Play store/restaurant



paper clip
 piece of lego
 piece of toilet paper
 sock
 hair elastic
 something fluffy
 pencil
 book
 puzzle piece
 straw
 toothbrush
 sandal
 toothpick
 towel
 ball
 spoon
 money
 toy car

*Teddy hide n' seek:

The parent hides a teddy somewhere in the house and the kids try and find it. Play over and over.

Arts/Crafts (Color 2)

Do a craft
Make a book*
Colour
Paint
Play-doh
Make jewellery
Draw with chalk
Make snowflakes (paper/scissors)
Write a song
Draw
Create a town in a cardboard box
Create a play/show
Make paper airplanes
Make special cards or write a letter
Paint rocks
Finger painting
Draw a map of the house
Make a treasure map

**Make a book:*

Use blank paper, folded and stapled together like a book. Kids can then draw pictures and write a story.

Quiet activities (Color 3)

Finds toys to give away
Look at pictures
Puzzles
Clean your room
Read
Learn a language (Duo Lingo for Kids)
Lego
Sticker books
Make a domino line
Write a letter

Share your **Bored Bucket** on social
#wherethesimplethingsare