

LUNCHES FOR DAYS



After years of drudgery and daily encounters with my enemy - the lunch box ...I decided that something needed to change. How could this be made easier?

I can't tell you that it turned this tedious task into the most enjoyable thing in the world... but has definitely helped a lot and it's too good to keep to ourselves.



We're giving you a head start with some lunch ideas! We've broken them down into three categories:

- 1 Main
- 2 Fruit / Veggies
- 3 Sides / Snacks (*these work great for anytime snacks*)

When you're packing those lunches and just can't seem to think of anything to include, keep this list handy... believe me, it will help bring some new enjoyment to this regular routine.

TIP: Kids love to help pack their lunch. Pull them in early on so they can learn, and eventually take over. Yes, it will take more time, but consider this a time to connect and to educate. After all, they will be making someone else's lunches one day.

Main

Cheese + crackers
Turkey + cheese roll-ups
Meat + Babybel cheese
Jelly sandwich
Cheese string + meat
Bagel + cream cheese
Leftovers
Deli meat + cheese kabobs
Pasta + sauce
Hard boiled egg
Tuna + crackers
Cheese + pickle sticks
Tortilla chips
Cheese quesadilla
Pancakes
Wraps
Pita bread + Hummus
Pasta salad
Ham + cheese sandwich
Nutella + banana wraps
Soup

Fruit / Veggies

Strawberries
Grapes
Watermelon
Kiwi
Sliced oranges
Sliced apples
Pineapple
Banana
Blueberries
Dried fruit
Apple sauce
Peaches
Mangoes
Cucumbers
Carrot sticks
Celery sticks
Snap peas
Sweet peppers
Grape tomatoes

Sides / Snacks

Mini muffins
Dry cereal
Pretzels
Fish crackers
Yogurt raisins
Nuts
Veggie straws
Yogurt
Yogurt parfait
Rice cakes
Popcorn
Granola bar
Cookies
Raspberries + chocolate chips
Apple + cheese stick
Fruit leather
Chips
Trail mix
Fruit cup

Got new ideas? Share them on social
#wherethesimplethingsare